



## Committee on Seniors, Youth & Intergenerational Services

~AGENDA~

Tuesday, February 18, 2020

10:00 AM

Committee Chair: Jose Alvarado

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Committee Room, 148 Martine Avenue, 8th Floor, White Plains, NY 10601

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### CALL TO ORDER

### MINUTES APPROVAL

1. Tuesday, October 29, 2019 at 11:00 AM
2. Tuesday, November 19, 2019 at 1:30 PM
3. Friday, February 07, 2020 at 11:00 AM

### I. ITEMS FOR DISCUSSION

Guest:

Eva Roszkowski, Community Engagement Manager & Young Professionals Alzheimer's Council Advisor, Alzheimer's Association, Hudson Valley, NY Chapter

Presentation, Young Professionals Alzheimer's Council

Overview of mission, activities, and future events

Presentation, Dementia Conversations

Provide tips on how to “break the ice” and have the most common difficult conversations if you see a change in your loved one

Help you plan ahead and build a care team that communicates well

Touch on the most effective ways to communicate with loved ones in the early stages of the disease

### II. OTHER BUSINESS

Unfinished Business and any other agenda items to come before the Committee.

### III. RECEIVE & FILE

### ADJOURNMENT